



ANNUAL REPORT



a+ althaia
Xarxa Assistencial Universitària Manresa

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Mission

To offer health and social services with quality and efficiency, in the setting of an organisation aimed at meeting the needs of people and promoting the excellence, both technical and human, of its professionals.

Vision

- To be a **benchmark** health organisation in Central Catalonia, which boosts **networking** with other health agents.
 - To be a benchmark of the **public system** for the operability of its policies.
 - To make compatible public activity with **health insurance** and **private work** with transparency and fairness as an institution with a vocation for public service and **non-profit**.
- To stand out for its **innovative** healthcare services and methods adapted to their level of **complexity**, with **quality** and **security**.
- At the same time, to boost **teaching** and **innovation** as a fundamental axis of development, contributing to the **dynamisation** of the economic and regional fabric.
- To generate **trust** in society, and be recognised for its **excellence** and **commitment**.
- To develop **sustainably** with the resources it is capable of generating and managing **efficiently**.

Values

- Professional
- Close
- Committed
- Innovative
- Trustworthy

Presentation

Health, a fundamental component of our quality of life

Let's take stock of the year 2019. It is time to look at a year that has been important once again for the present and for the future of the Althaia Foundation. Every year, when it is time to write the report, we force ourselves to do a reflection exercise about the achieved developments, the obtained results and the new paths that we have set up and that have been worth exploring too. In this inventory, it prevails a lot of activities that have as a common denominator the vocation to get the most efficiency of technology, the research and the continued desire to be innovatives and also the willingness to go one step further to give a response to the expectations and needs of users.

From this 2019, it highlights, among many other achievements, the launch of the Territorial Teaching Unit of Manresa of the Faculty of Medicine of the University of Vic - Central University of Catalonia (UVic-UCC), the boost to the international research, the new Mental Health Chair or the work of different healthcare teams to improve the care of the patients and always place them at the centre.

We have always been conscious, although today we are even much more, that health is a fundamental component of the quality of life and, for this reason, the administrations have

made many efforts. We have considered that, if we want to be able to improve the sanitary system, it is necessary, to a large extent, to increase the resources with qualified personnel, technology and spaces, but also with the benefits adapted to the maximum possible excellence.

Unfortunately, when we evaluate the year 2019, we do it in very special circumstances due to the great pandemic derived from COVID-19 which has affected us dramatically. The coronavirus crisis has shown weaknesses and pending challenges, but also the magnanimity of our health professionals, who, once again, have multiplied themselves and gave everything for all of us. That is why in this last letter, after nine years as mayor of Manresa and as president of the Foundation, I would like to convey my sincere admiration, pride and immense gratitude to all these people, from the CEO, Manel Jovells, to the last one of the almost 1,850 professionals who work in Althaia.

Thank you all for your work and for your remarkable professionalism and humanity. These values are an extraordinary treasure that have saved many lives and which are the guarantor for a better present and future of both Manresa and Central Catalonia.

“

**Work,
professionalism
and humanity,
an extraordinary
treasure**

”



VALENTÍ JUNYENT TORRAS
Mayor of Manresa

Presentation



Consolidating the teaching vocation

Every year, when we write the report, we stop to take stock in order to highlight and recognize the importance of the work carried out by the professionals of the Althaia Foundation. When we express it all in a document, we are able to do an exercise in transparency as well as we think about the obtained results, the started projects and the accomplished achievements, always having in mind what defines our Talaia 2016-2020 strategic plan.

This plan identifies the will to reinforce the development of our activity in all possible aspects, healthcare, research and teaching. And it is in this last area that we have taken an important step forward, coinciding with the start of the 2019-2020 academic year. The new Territorial Teaching Unit of Manresa of the Faculty of Medicine of the University of Vic - Central University of Catalonia (UVic-UCC) opened doors in the space taken by the former Emergencies of the Sant Joan Déu Hospital and the face-to-face classes and the medical students internships began.

For us, it is, without any doubt, the culmination of a long-term path that consolidates our commitment to teaching and that, along with the aforementioned university, allows us to fully enter in the category of university institution. This path has been done thanks to the dedication and com-

mitment of many people, but it has been decisive the will of the Foundation's Board of Trustees and its president, Mayor Valentí Junyent, who always had the vision and the conviction that, for the good of Althaia and the city of Manresa, this bet had to be made.

However, I do not want to forget about the importance of the healthcare, which is the main raison d'être of our institution. Healthcare activity has been growing year after year and in 2019 it has not been an exception. This growth, which is the result of the continuous increase in demand and the accessibility objectives that we want to achieve, progressively puts pressure on our organization. This is why all the involved agents, with the essential leadership of the administration, will have to work together to give an appropriate answer and guarantee a balanced and sustainable institution in the future. We are sure that, with the will and commitment of all, we will achieve this challenge.

Together, we have also worked to achieve the quantitative but also qualitative results that you can look up in the report that you have in your hands. They are the result of the effort and participation of our team of professionals, whom I want to thank for their determination and dedication.

The new Teaching Unit is the completion of a long journey



MANEL JOVELLS CASES
Managing Director of the Althaia Foundation

Resources

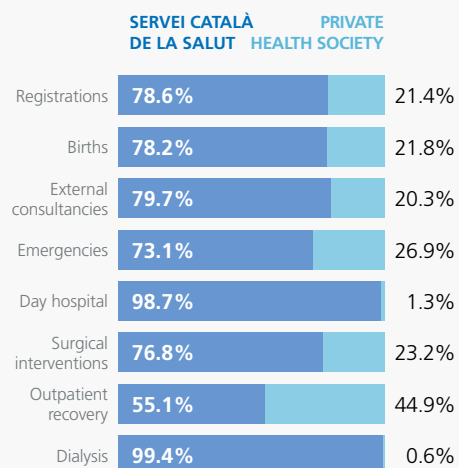
Investments

Equipment of information processing and computer applications	€306,022.14
Constructions and technical installations	€1,270,028.07
Machinery and apparatus	€826,658.32
Other installations, instrumental and tools	€1,087,099.74
Furnishing	€549,706.23
Ongoing	€3,649,539.46
Total	€7,689,053.96

Invoicing by activity

Total €163,788,196.15

Contracting of activity



Structural

Beds

Acute	
Conventional hospitalisation*	419
Home-based hospitalisation	26
Private	60
Long-stay	26
Convalescence	28
Residence for physically disabled	30

Other resources

Operating theatres	22
Maternity theatres	7
Consultancies	173
Emergency boxes	50
Emergency observation beds	16

Day Hospital

Medical	32
Oncology and hematology	29
Paediatrics	3

Primary healthcare

Consultancies	32
Other rooms (cures, extractions...)	8

* It includes 24 beds for acute adult mental health patients and 10 for child-youth patients, and 15 sub-acute mental health beds.

Professionals (annual average)

Management	7
Doctors	443
Qualified healthcare staff	582
Healthcare technical staff	80
Auxiliary healthcare staff	355
Porters	44
Administrative staff	229
Skilled staff	100
Cleaning and other staff	56
Total	1,896

Intern and resident doctors (MIR)

(Included in doctors)	36
Internal medicine	7
Orthopaedic surgery and traumatology	5
Psychiatry	5
Obstetrics and gynaecology	4
Paediatrics and its specific areas	4
Anaesthesiology and reanimation	3
General and digestive apparatus surgery	4
Medical oncology	2
Intensive medicine	2

Family and community doctors (not included in the Althaia workforce)	34
Resident nurses	9
Mental health	3
Midwives	6
Family and community nurses (not included in the Althaia workforce)	4
Resident psychologists	3

Origin of the users

	REGISTRATIONS	EXTERNAL CONSULTATIONS	EMERGENCIES
Bages	84.3%	88.2%	88.9%
Berguedà	4.4%	3.6%	2.6%
Cerdanya	1.0%	0.6%	0.2%
Solsonès	5.2%	3.3%	2.6%
Altres	5.1%	4.3%	5.7%





Acute

Acute hospitalisation*

Registrations	27,911
Hospitalisation	21,950
Major outpatient surgery	5,961
Average stay (days)	4.35
Births	1,584

External consultancies

Total visits	425,180
First visits	136,609
Follow-up visits	288,571
Follow-up visit rate	2.11

Day hospital

Sessions	31,382
Patients	7,223

Emergencies

Emergencies attended	147,641
Emergencies admitted (%)	9.8%
Emergencies per day	404

Surgical activity

Total surgical interventions	25,677
Programmed interventions	23,268
Urgent interventions	2,409

* Acute: includes activity of mental health and private health societies

Dialysis

Sessions	26,902
Patients	246

Rehabilitation

Outpatient sessions	96,771
Patients	9,594

Social Work

People attended	2,470
Second visits	3,047
Home visits	133
Total visits	5,650

Activity of the MES

Alerts for primary emergency services	1,474
Attended services	1,086
Services without attendance	388
Inter-hospital services	255

Most frequent pathologies

Medical pathologies (registrations)

Illnesses of the respiratory apparatus	2,523
Illnesses of the digestive and hepatobiliary apparatus	2,075
Illnesses of the circulatory apparatus	1,573
Illnesses of the kidney and urinary tracts	1,149
Neurological illnesses	1,195

Registrations for malign neoplasm

Medical registrations	715
Surgical registrations	913
Day hospital sessions for treatment of malign neoplasm	9,761

Surgical interventions (by speciality)

Orthopaedic surgery and traumatology	6,846
General surgery	4,518
Urology	2,343
Ophthalmology	2,312
Plastic surgery	1,655
Maxillofacial surgery	1,562
Dermatology	1,377

Emergencies (by speciality)

Internal medicine	70,416
Orthopaedic surgery and traumatology	26,551
Paediatrics	26,452
Gynaecology and obstetrics	9,195
General surgery	5,916
Ophthalmology	4,461

Activity by centre

	SANT JOAN DE DÉU	CENTRE HOSPITALARI	CLÍNICA SANT JOSEP	TOTAL
Registrations	23,733	—	4,178	27,911
External consultancies	327,402	16,564	81,214	425,180
Emergencies	113,051	—	34,590	147,641
Surgical interventions	18,058	—	7,619	25,677
Day hospital (sessions)	28,355	2,722	305	31,382

More than 25,500 surgeries have been done

Primary attention

Visits

	ABS BARRI ANTIC	ABS BASES DE MANRESA	TOTAL
General medicine	70,921	53,765	124,686
Nursing	37,582	30,202	67,784
Paediatrics	13,481	8,444	21,925
Midwives	4,978	2,983	7,961
Dentistry	3,498	1,665	5,163
Social assistance	2,586	1,581	4,167
Total	133,046	98,640	231,686

“
Althaia's
primary care
has exceeded the
230,000 visits
”

Attention to dependency

Health and social attention

Long stay

Subsidised beds	26
Average stay (days)	58.6
Occupancy (%)	99.7%

Convalescence

Subsidised beds	28
Average stay (days)	34.3
Occupancy (%)	99.9%

Residential attention

Centre de Disminuïts Físics del Bages

Places	30
Patients attended to	31
Occupancy (%)	99.6%

Social Work

Convalescence (patients attended to)	433
Long stay (patients attended to)	406
Physically disabled (patients attended to)	223





Mental health attention

Adults

Patients	7,191
First visits	1,977
Follow-up visits	40,330
Tests	130
Taken in	145
SMI (patients)	2,006
Social work (visits)	1,615

Acute

Registrations	553
Admissions	506
Admissions (patients)	444
Stays (days)	8,236
Average stay (days)	14.89
Emergencies	3,449
Social work (visits)	873

Sub-acute

Registrations	191
Admissions	193
Admissions (patients)	164
Stays (days)	6,140
Average stay (days)	32.15

Day centre

Admissions	12
Registrations	14
Sessions	11,066
Places	25
Social work (visits)	129

Children and youth

Patients	3,667
First visits	1,012
Follow-up visits	17,298
Tests	959
Taken in	130
SMI (patients)	768
Social work (visits)	770

Addictions

Patients	1,123
First visits	281
Follow-up visits	11,618
Tests	6
Taken in	311
SMI (patients)	30
Social work (visits)	1,275

Home with support

Places	8
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Day hospital

Admissions	233
Registrations	231
Sessions	5,100
Readmissions	26
Places	31
Patients	209
Social work (visits)	48

Mental health services have cared for more than 13,500 patients

Insurance and private care

Hospitalisation

Registrations	3,998
Average stay (days)	2.67
Births	340
Social work (visits)	10

Surgical interventions **5,685**

Emergencies	34,458
Traumatology	12,137
Internal medicine	10,575
Paediatrics	9,262
Others	2,484

External consultations **107,271**

Total visits in own consultancies	81,011
Reiteration rate	1.75

Specialities	Traumatology	42,560
	Paediatrics	9,061
	Internal medicine	7,781
	Others	21,609

Total visits of external professionals 26,260

Rehabilitation

Sessions	44,769
Patients attended to	2,609

Centre de Medicina de l'Esport

Check-ups	1,233
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**“
The Sant Josep Clinic
has attended to
more than 107,000
specialist
consultations
”**





Communication, participation and community relations

Participation and Patronage

Activities of community participation

Volunteer work

Stable volunteers	38
Collaborators	62
Young summer volunteer programme	13
Voluntary program for pensioner professionals	32
Collaboration with schools	3

Participation

Health workshops (pupils)	400
Collaborations with associations from the health sphere	26
Entities accepted in the Hospital Centre	15
Boosting of new associations	1
Magnet Project	1
Exhibition «Hospitals in Manresa. History of a transformation»	1

Sponsorship projects

Oncology and Haematology Day Hospital

Children and youth care improvement

Organised events	48
Private donations	53
Collaborating companies	23

Amounts collected

Acts and events	€58,041.12
Private donations	€155,948.00
Business donations	€33,764.00
Provision of services	€19,286.00
Solidarity products	€6,231.30
Total	€273,270.42

International cooperation

- Celebration of a new edition of the Solidarity Market.
- First Arthroscopy Unit implementation at Hôpital Saint Jean de Dieu de Thiès in Senegal. Material was provided and two traumatologists were trained.
- Monitoring of the adaptation project of the surgical equipment and the sterilization centre of the Hôpital Saint Jean de Dieu de Thiès.

Attention to the user

Requests for information	7,001
Acknowledgements and suggestions	193
Claims	1,221
Complaints	798
Total	9,465

Communication

Impacts on communication media	1,136
Followers on Facebook	3,167
Followers on Twitter	2,231
Followers on Instagram	2,383
Followers on LinkedIn	1,023
Corporate documents	155

Humanisation activities

Exhibitions in Espai d'Art	17
Música en Vena concert programme	11
Other concerts	13
Pallapupas (weekly activity)	2
Art Therapy (weekly activity)	2



In one year, more than 1,000 impacts have been recorded in different media

Teaching

Student training*

Type of study	Students	Percentage
Pre-degree studies	244	29.00%
Degree studies	567	67.00%
Postgraduate studies	35	4.00%
Total	846	100.00%

Degree studies	Students	Percentage
Physiotherapy degree	108	19.00%
Nursing degree	210	37.00%
Medicine degree	167	29.40%
Others	82	14.60%

Specialised health training*

Accredited teaching units	9
Accredited specialities	12
Own residents	42
ICS Residents	36
Residents from other centres	2
Accredited tutors	17
External rotations	29

Organisation of conferences, courses and congresses

Open acts organised by Althaia	15
Of which accredited	11
Acts organised by third parties in the Althaia event hall	5

* Data corresponding to the 2018/19 academic year.

“
During the last
academic year
Althaia has
trained nearly
850 students
”





Research and innovation



Research activity

	NEW	ACTIVE
Clinical trials (pharmacological and non-pharmacological)	10 (1)	60 (6)
Post-approval observational studies.	3 (0)	33 (1)
Observational epidemiological studies.	39 (12)	116 (50)

* In parentheses those promoted by Althaia

Research results

Indexed articles.	92
Total impact factor	404.52

Research funding

Competitive subsidies obtained.	5
Income by competitive subsidies obtained	€121,437.57
Income studies promoted by industry	€332,970.92

Other research indicators

Theses defended.	6
Theses in progress.	26
Research groups recognised by the AGAUR.	3
Research groups from Althaia	1

Innovation

Active innovation projects.	10
Applications for patents in progress	0
Patents awarded in force.	2
Collaboration agreements with companies, technological centres or universities in force	16

**“
For the first time,
the TV3 Marató
is funding an
Althaia research
project
”**



News from 2019



The Minister of Health visits Althaia and highlights the *inspiration model in mental health*

The Minister of Health, Alba Vergés, visited the Althaia Foundation on February 8th to learn first-hand about the institution and the projects that its professionals are developing. In the meeting with the management team and the members of the Board of Trustees, special emphasis was placed on networking and its implementation in the territory, as well as on current and future projects and challenges. The minister, who emphasised the importance of the new Mental Health Chair promoted by the University of Vic - Central University of Catalonia (UVic-UCC) and

Althaia, went through different healthcare spaces of the Sant Joan de Déu Hospital, among which, the Children and Teenagers Hospitalization Unit of Mental Health, the facilities of the Oncology and Hematology Day Care Hospital, and the Nephrology and Dialysis Service. Vergés highlighted the budgetary boost that her department is doing in mental health and assured that Althaia is one of the inspirations in this field. Regarding the future challenges of the region, she mentioned that a joint approach should be made concerning chronicity and ageing.

New *Organizational Ethics* Committee

In 2019, the Althaia Organizational Ethics Committee was created with the aim of promoting the implementation of an institutional ethical culture and creating a reflection space on everything related to the functioning of the organization.

Therefore, the function of this body is to advise and support individuals, groups or teams that must take decisions. It is an institution, made up of a cross-disciplinary and interdisciplinary team, that complements the Scientific Research Ethics and Healthcare Ethics committees.



Exhibition of *Hospitals in Manresa during the 20th century*

«Hospitals in Manresa. History of a transformation» is an exhibition promoted by the Althaia Foundation that explains the transformations of healthcare equipment, professional teams, resources and technology that the healthcare has experienced in the city for the last fifty years. In the project, which was exhibited at the end of 2019, more than a hundred professionals, active and retired, collaborated, providing knowledge and experiences, as well as documentation, photographs and old sanitary objects.





News from 2019

Excellence and professionalism awards

During 2019, Althaia's professionals have been recognised with some awards promoted by different organizations. In the nursing field, the Nursing Board has been recognized with one of the Nursing and Society awards for the exhibition "Caring for 365 days"; the team of Organ and Tissue Donation Coordination Unit was awarded with the professional recognition granted in the framework of the International Nurses Day in Bages, and the 1st International Congress on Healthcare Humanization has awarded the project to improve night rest to patients which was designed by ICU nursing professionals.

In addition, Dr. Olga Rubio, clinical boss of the Intensive Medicine Service, and Dr. Fermín Roqueta, Healthcare Management assistant, have received the Award for Professional Excellence from the Medical Association of Barcelona. The Catalan Society of Clinical Pharmacy has awarded an Althaia project in the 2019 edition of the Excellence Path, and the Oncology Service has been awarded at the European Congress of Medical Oncology for a study on bladder cancer.



Certification of excellence for the Inflammatory Bowel Disease Unit

The certification, from the Spanish Working Group on Crohn's Disease and Colitis, recognizes the caring, teaching and researching quality of the Inflammatory Bowel Disease Unit, which looks after more than five hundred people with Crohn's disease and ulcerative colitis. Patients are treated by a multidisciplinary team made up of specialized medical and nursing personnel from the Digestive, Surgery, Radiology and Pathological Anatomy services, as well as Dermatology, Rheumatology and Infectious Diseases, among others. This interdisciplinary approach benefits the patients, as it places them at the centre of the healthcare process.



Improvements for patients with diabetes

The care of patients with diabetes has changed significantly during 2019. On the one hand, a team from the Pediatric and Endocrinology services has placed the first home constant insulin pump to an eighteen-month-old child with type 1 diabetes. On the other hand, about seventy patients of the institution with type 1 diabetes have the new glucose control devices that allow the measurement of this substance twenty-four hours a day. These devices improve the control of the disease and the quality of life of these patients.

News from 2019

The UVic-UCC Territorial Teaching Unit of Medicine of Manresa is released, an important *step forward in the teaching field*

Occuring simultaneously with the beginning of the 2019-2020 academic year, the Territorial Teaching Unit of Manresa of the UVic-UCC Faculty of Medicine has started the activity. During this first year, a total of thirty-one third-year students are trained in the new teaching facilities located on floor 0 of the Sant Joan de Déu Hospital, which were used for the first time in September. The new unit has a team of teachers with recognized healthcare and teaching careers, among which there are professionals from Althaia. This is a strategic project for the health organizations in the territory that allows consolidating a first-class university offer in the field of medicine, as well as it strengthens even more the alliance with the UVic-UCC.

Residents are linked to Althaia in terms of work

The teaching vocation of the institution is also confirmed in the field of specialized postgraduate training. During 2019, nine out of the ten people who have completed their residence in Althaia have continued to be linked to the institution, as well as a part of the residents of family and community care of the ICS Central Catalonia Teaching Unit. At the same time, twenty-eight new residents have joined, which the highest number that the institution has accepted so far, as a result of the commitment to offering a complete and quality training.



First *Mental Health Chair* in Catalonia

Althaia, the UVic-UCC and their faculties of Medicine and Health and Well-being Sciences created the Mental Health Chair. It was born with the task of generating and contributing knowledge based on scientific evidence to promote, prevent and attend mental health in people in a holistic and integrated way. It is the first chair of these features in Catalonia and it was created to become an inspiration and catalyst for research, as well as to be able to transfer the results to the healthcare field.



Research with *international projection*

The Digestology Service coordinates an international research project that aims to identify early colorectal cancer. Experts from different centres of Japan, the United States, Spain and Catalonia take part in the innovative study. Regarding this project, Althaia will receive funding from the TV3 La Marató Foundation for the first time.

At the same time, the Intensive Medicine Service has led a multicentre study about the withdrawal of mechanical ventilation in patients admitted to ICUs that has been published in JAMA (The Journal of the American Medical Association), a prestigious international leading scientific journal in the biomedical sector.



News from 2019

Primary care leads the *Manresa + Gran* project, which starts the second phase

The *Manresa + Gran* project continues with the involvement of Althaia Foundation primary care professionals. In 2019, the second phase of this project began, coordinated by the Althaia Foundation and the Catalan Institute of Health, whose main objective is to improve the community health in the capital of Bages. Other institutions are also part of this project, such as the Manresa City Council, the Public Health Agency, the Catalan Health Service, Ampans, Red Cross, Càritas, the Neighborhood Association Federation and other entities that are members of the Community Health Board of Manresa.



First *custom 3D printed prosthesis* for an eye socket surgery

Althaia has implanted for the first time a titanium prosthesis designed to measure and printed with 3D technology. The surgical operation, which was a complete success, consisted of placing a plate on the floor of the eye socket of a patient who had suffered a fracture. The surgery was carried out by the Orbit Unit, made up of professionals from the Maxillofacial and Ophthalmology services of the institution. Althaia has an alliance with different companies and institutions, especially with Avinent, to improve the implementation of 3D technology as a support for professionals.



New circuit for direct admission to home hospitalization from *primary care*

Althaia and ICS Central Catalonia have launched a circuit so that patients looked after in primary care can be referred directly to the Althaia Home Hospitalization Unit (UHAD). The professionals of the primary health centre can directly process the home hospitalization of patients without previously having to go through a hospital environment. With this project, the commitment to implement innovative new models that improve care for complex chronic patients and offer a coordinated multidisciplinary approach between different care levels is visualised. The new circuit enables these people to be looked after in their usual environment, much more friendly and comfortable for them as well as for their families. At the same time, the inherent risks in the hospitalization of these fragile patients are avoided.





News from 2019

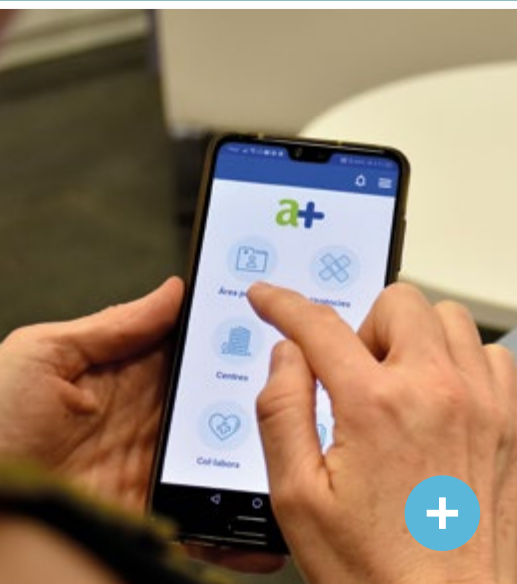
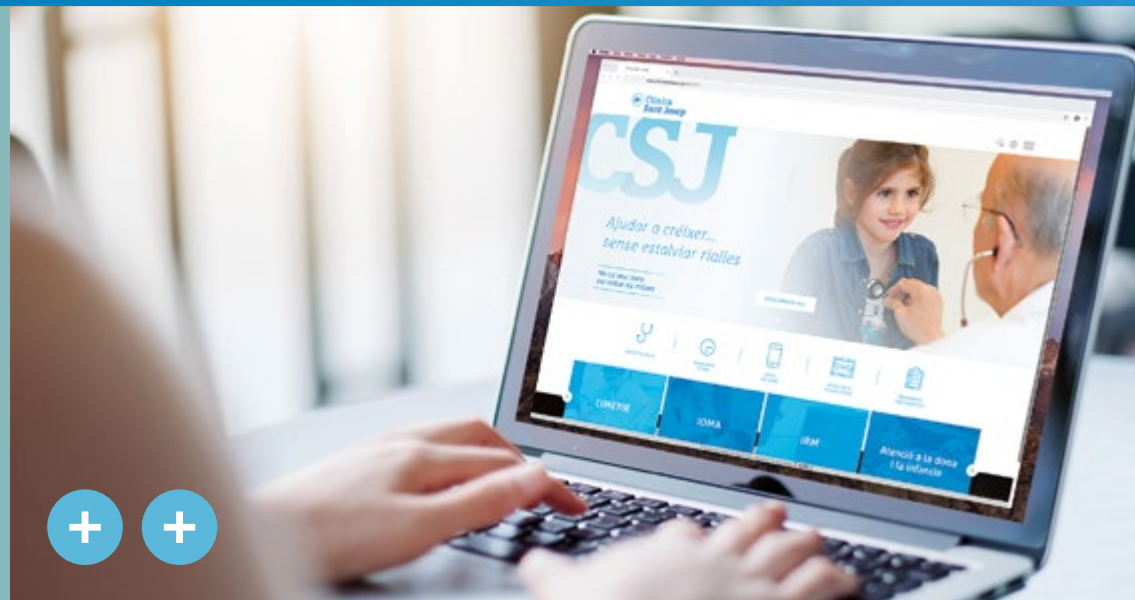
The Sant Josep Clinic is strengthened as a *model in the care of athletes*

Athletes from different disciplines continue trusting the team of professionals from the Comprehensive Centre for Sports Medicine, Traumatology and Rehabilitation (CIMETIR) of the Sant Josep Clinic. This is shown with the renewal of the agreement with Bàsquet Manresa to assume the responsibility for medical services, including the first basketball team. This is reflected, also, in the trust that the player of the Spanish water polo team Maica García placed in, who after a fracture in a finger of her right hand was successfully operated on at the Clinic. In fact, CIMETIR is the model healthcare institution for the pla-

yers of the different state water polo teams, both male and female, in the absolute and youth categories.

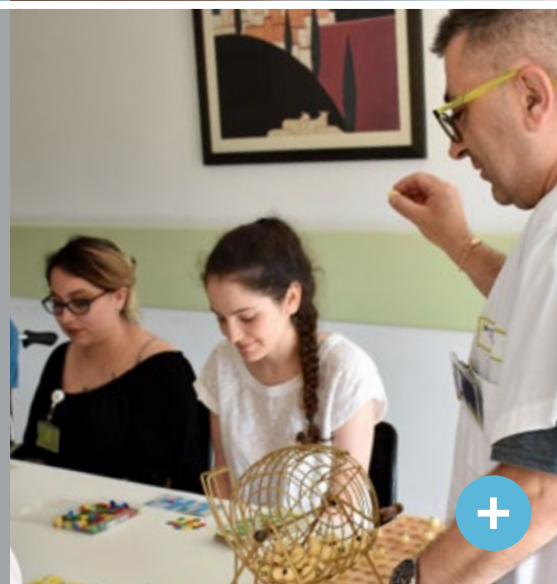
Image renovation

The Sant Josep Clinic continues taking steps forwards in the physical and organizational transformation. Within this framework, a new corporate image was launched last year with the aim of modernizing it and making it cleaner, clearer and closer to the health sector. One of the most visible changes is the new website, a more visual portal with a renewed content structure.



Althaia's mobile application grows with *new functionalities* to get the institution closer to users

During 2019, the second version of Althaia's mobile application was activated, which incorporates new functionalities that ease different online procedures. This represents a new step forward to remove the traditional use of paper, with the environmental benefits and savings of resources that this action implies. The objective is to bring the institution closer to citizens, to enable a more comfortable and accessible care and information, and to optimise healthcare and administrative resources, as well as to offer reliable health information.



Althaia boosts the *intergenerational voluntary* service in the dependency care areas

Through the Estiu Jove voluntary work program, about thirty boys and girls from the territory and also from the United States invested their free time in making a more pleasant stay for the people and families looked after in Althaia. This program complements the collaboration with the Guillem Catà secondary school, La Salle Manresa and the Montserrat school from Sant Vicenç de Castellet. In both cases, the team of volunteers carries out accompaniment tasks and activities in the Centre for Physically Disabled and in the long-term stay and convalescence units. This allows revitalising and valuing the intergenerational relationships between these young people and the admitted people, who are, mainly, senior citizens.

Board of Trustees of the Foundation

The Althaia Foundation is governed by a Board of Trustees in which three institutions come together: the Manresa City Council, the Order of Sant Joan de Déu and the Mutua Manresana private health society.

- The Illustrious Mr. Valentí Junyent Torras (*Chairman*)
- Brother Joaquim Erra Mas (*Executive Committee Chairman until 28-05-19*)
- Mr. Fèlix Badia i Pujol (*member since 26-06-2019*)
- Mr. Francesc Forrellat Vall de Vilaramó
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- Mr. Josep Lluís Irujo Fatuarte (*Executive Committee Chairman since 25-09-19*)
- Mr. Ramon Llanas Sanmiquel
- Mr. Ricard Macià Calmet (*secretary since 25-09-19*)
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